

## RHEOLOGICAL STUDY IN THE PASTA INDUSTRY BY ALVEOGRAPHIC ANALYSIS

ESTUDIO REOLÓGICO EN LA INDUSTRIA DE PASTAS POR ANÁLISIS ALVEOGRÁFICO

ESTUDIO REOLÓXICO NA INDUSTRIA DA PASTA POR ANÁLISE ALVEOGRÁFICO

Perego, P.<sup>1\*</sup>; Sordi, A.<sup>1</sup>; Grivon, D.<sup>2</sup>; Converti, A.<sup>1</sup>; Dovì, V.<sup>1</sup>

<sup>1</sup>Dipartimento di Ingegneria Chimica e di Processo "G. B. Bonino", Via Opera Pia, 15. 16145 Genova, Italy.

<sup>2</sup>Agnesi 1824 S.p.A., Via T. Schiva, 80, 18100 Imperia, Italy.

\*Author to whom correspondence should be addressed. E-mail: p.perego@unige.it

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### Abstract

Cohesiveness is one of the most important characteristics of grain to obtain high-quality pasta. It is strictly linked to the rheological properties of dough, in which gluten network confines starch, avoiding the end product to become gluey after boiling. The present rheological study was performed using a Chopin alveograph, that is a non-conventional mechanical equipment suitable to monitor very low biaxial strains. This work aims at evaluating the reliability and reproducibility of the UNI 10453 rheological standard method. A mathematical model is also proposed to investigate the dependence either of the alveographic indexes or the strain energy on grain composition in wheat grain blends. © 2002 Altaga. All rights reserved.

Key words: alveography, cohesiveness, grain, rheology.

### Resumen

La cohesividad es una de las características más importantes de los granos para obtener pasta de alta calidad. Está estrictamente relacionada con las propiedades reológicas de la masa, en el cual la red del gluten confina el almidón, evitando que el producto final se vuelva pegajoso después de la cocción. El estudio reológico que se presenta se realizó usando un alveógrafo de Chopin, el cual es un equipo mecánico no convencional adaptado al monitoreo de esfuerzos biaxiales muy bajos. Este trabajo tiene como objetivo evaluar la fiabilidad y capacidad de reproducción del método estándar reológico UNI 10543. También se propone un modelo matemático para investigar la dependencia de los índices alveográficos y de la energía de esfuerzo sobre la composición de los granos en mezclas de granos de trigo. © 2002 Altaga. Todos los derechos reservados.

Palabras clave: alveografía, cohesividad, grano, reología.

### Resumo

A cohesividade e unha das características mais importantes dos grans para obter pasta de alta calidade. Está estrictamente relacionada coas propiedades reolóxicas da masa, na cal a rede do glute confina o amidón, evitando que o produto final se volva pegañento despois do cocido. O estudio reolóxico que se amosa realizouse usando un alveógrafo de Chopin, que e un equipo mecánico non convencional adaptado ó monitorio de esforzos biaxiais moi baixos. Este traballo ten como obxectivo avalia-la fiabilidade e capacidade de reprodución do método estándar reolóxico UNI 10543. Tamén se propón un modelo matemático para investigar a dependencia dos índices alveográficos e da enerxía de esforzo sobre a composición dos grans nas mesturas de grans de trigo. © 2002 Altaga. Tódolos dereitos reservados.

Palabras chave: alveografía, cohesividade, gran, reoloxía.

**INTRODUCTION**

In order to obtain pasta of good quality, exhibiting low stickiness grade as well as good strength after cooking, it is necessary that semolina possesses certain characteristics, among which optimum protein content and composition, carotenoids concentration and peroxidase activity (Mariani *et al.*, 1995; Medvedev, 1997a). Gluten, accounting approximately for 80% of total endosperm proteins, greatly influences the quality of pasta (Salterio *et al.*, 1992). Qualitative characteristics of gluten, such as viscosity, elasticity and extensibility, are usually investigated with rheological equipments applied to semolina. Among the various components, reserve proteins, mainly gliadins and glutenins, called the greatest attention. Because of their viscous properties, gliadins influence primarily gluten extensibility, while glutenins control gluten elasticity and strength, dough stability, water absorption by semolina and pasta resistance to cooking. Dough cohesiveness is linked to gluten network strength, thus retaining starch during boiling. Semolina doughs are usually considered pseudoplastic, as the mass sliding phenomenon takes place only when strength exceeds a minimum threshold level, known as “yield strength” (Salterio *et al.*, 1992; Tomassoni, 1993; D’Egidio *et al.*, 1996; Medvedev, 1997b). Since conventional mechanical instruments, such as dynamometers, do not allow determining dough flour strains, because of their very low biaxial extension, particular equipment, known as Chopin alveograph, can be used to study the rheological indexes. It provides information on dough cohesiveness through the measurement of strain energy by air supply into the sample (Bloksma, 1971; Matsumoto, 1979; Schofield and Scott Blair, 1993; Steffe, 1996).

Since a low accuracy of the analytical instrumentation can affect not only the results of analyses but also the prevision of grain mixture compositions, this work aims at evaluating the reliability of the results collected by UNI Chopin alveographic analysis. In addition, a model is proposed and checked to predict grain

mixtures cohesiveness and quality from rheological data (Launay and Boré, 1977; Faridi and Rasper, 1971).

**MATERIALS AND METHODS**

Twenty kinds of grains from different Mediterranean, American and Oceanic areas were tested. When coming from the same country, different botanic varieties were chosen. Besides, different batches of the same variety harvested during different periods of the year, quoted here as 1, 2, etc., were analyzed.

Analyses were performed by a Chopin LFQ04 alveograph (Villeneuve La Garenne, France) following the rules provided by the UNI 10453 method. It consists in the evaluation of flour and dough capacity to stand a biaxial extension, generated by a pneumatic circuit, until the bubble of gluten network reaches a critical value and eventually breaks. Wheat milling and subsequent flour mixing with water in the requested proportions were used to prepare samples. An internal and a standardized method both based on the alveography principles were compared. Description of the main differences between them follows:

Two metallic plates, containing the dough sample, were positioned at a distance of  $2.67 \pm 0.01$  mm in the UNI method, while in the traditional method the plates were used in contact each other.

Dough samples were raw and the diagram revealed a typical pseudoplastic behavior when using the UNI method.

The UNI method used the strain energy (W) as cohesiveness index.

**RESULTS AND DISCUSSION**

The raw dough analysis by the standardized alveographic method was performed on 21 different kinds of grain, covering a wide range of strain energy ( $50-280 \cdot 10^4$  J). Australian 4, Australian 3, Kronos and Durfort

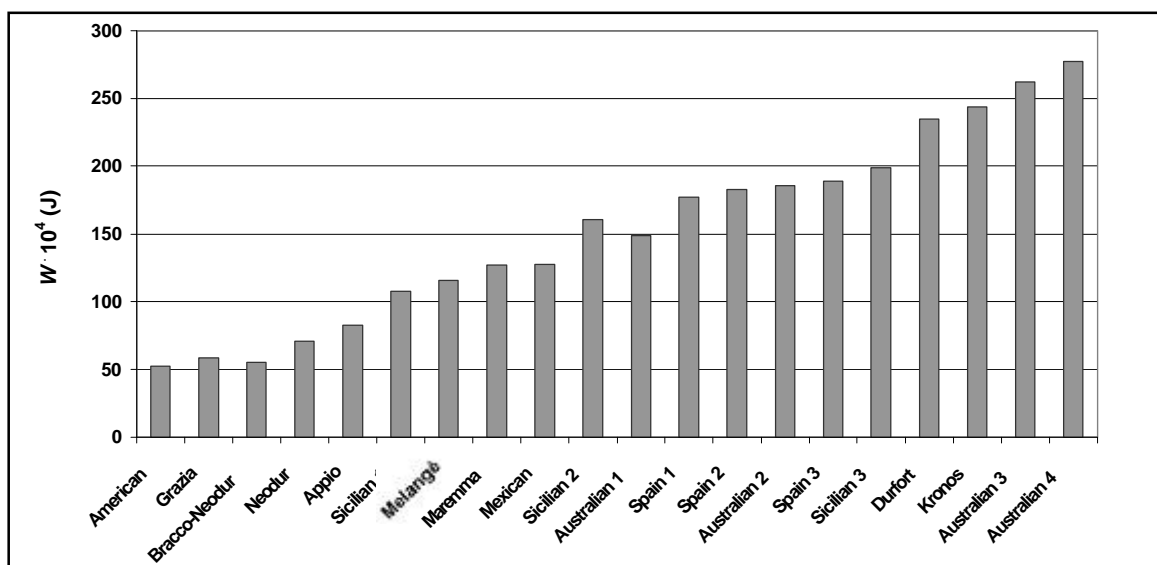


Figure 1. Strain energy of different kinds of grain.

corns showed optimal break resistance, as demonstrated in Figure 1 by strain energy levels > 200·10<sup>-4</sup>J. Their rheological response was intermediate between plastic and elastic behaviors. Cohesiveness of these samples could probably be due to suitable gluten network composition and, above all, to high total protein content, combined with good biaxial extension capacity. On the other hand, grain varieties with a strain energy level around 150·10<sup>-4</sup> J, such as Spain 1, Australian 1, Sicilian 2 and Mexican, can be considered of sufficient quality. It is likely that the weak gluten network, due to lack of glutenins or gliadins, was responsible for elastic or plastic behavior. Melangè, Neodur, Grazia and Sicilian 1 can be classified as weak corns because of both low total protein content and low resistance of the gluten network.

The necessity to obtain high reliability of the analyses is strictly linked to the quality standards requested for the end products. For this reason, standard deviations were evaluated using both the traditional and the UNI alveographic methods. As Figure 2 shows, standard deviations of strain energy, W, were lower than those estimated for the cohesiveness index, T, for all tested samples. This result demonstrates that the UNI method, although based on analyses made on raw dough, is suitable for an industrial procedure of quality evaluation, being able to ensure high reliability of previsions.

Experimental results were used to get ready a new mathematical model able to process, with the new methodology, data previously collected as cohesiveness index and to check the different correlations among the alveographic indexes. It is based on the relations:

$$T = y(W, P/L, G) \tag{1}$$

$$W = \Omega'(T) \tag{2}$$

$$P/L = \Omega''(T) \tag{3}$$

$$G = \Omega'''(T) \tag{4}$$

where T is the cohesiveness index (cm<sup>2</sup>), W the strain energy (J), P/L the overpressure-break length ratio (Pa cm<sup>-1</sup>), G the inflation index (cm), and y, Ω', Ω'', Ω''', interpolations coefficients, respectively. A first attempt was made using the linear relationships:

$$T = q_0 + q_1 W + q_2 P/L + q_3 G \tag{5}$$

$$W = b_0 + b_1 T \tag{6}$$

$$P/L = x_0 + x_1 T \tag{7}$$

$$G = d_0 + d_1 T \tag{8}$$

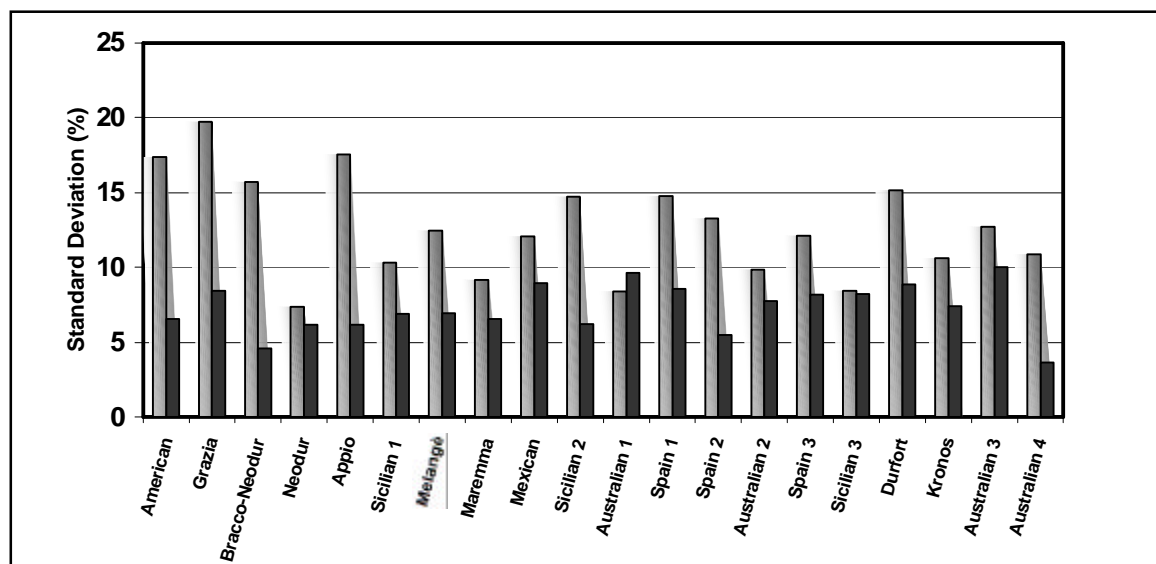
where q<sub>0</sub>, q<sub>1</sub>, q<sub>2</sub>, q<sub>3</sub>, b<sub>0</sub>, b<sub>1</sub>, x<sub>0</sub>, x<sub>1</sub>, d<sub>0</sub> and d<sub>1</sub> are linear interpolation coefficients.

A linear programming algorithm was performed, based on the Gauss-Newton method. Quadratic relations were then studied with the Subsequent-Quadratic Programming (SQP) algorithm and a subsequent comparison of collected data demonstrated that the quadratic terms could be neglected.

Parameter optimization gave the results reported in Table 1. Reminding that the orders of magnitude of W, P/L and G were 10<sup>3</sup>, 10<sup>1</sup> and 10<sup>2</sup>, respectively, and considering the orders of magnitude of their related parameters listed in this table, it is evident that strain energy hardly affects cohesiveness, while P/L and G have only scarce and negligible influence on this quality, respectively.

**Table 1.-** Estimated values of interpolation coefficients q<sub>i</sub>, b<sub>i</sub>, x<sub>i</sub>, d<sub>i</sub> appearing in Equations 5-8.

q	b	x	d
θ <sub>0</sub> = 30.8270	β <sub>0</sub> = -211.1100	ξ <sub>0</sub> = -0.4672	δ <sub>0</sub> = 12.8300
θ <sub>1</sub> = 0.1031	β <sub>1</sub> = 8.6902	ξ <sub>1</sub> = 0.0459	δ <sub>1</sub> = 0.0779
θ <sub>2</sub> = -2.3076	-	-	-
θ <sub>3</sub> = -0.0831	-	-	-



**Figure 2.** Standard deviations of (■) strain energy and (□) cohesiveness index of different kinds of grain.

As regards the end product quality prevision, strain energy could be considered the key index.

The difficulties in finding commercial grains, able to satisfy production needs and economic restrains, oblige the pasta industry to mix different kinds of corn, to obtain a flour in conformity with the desired characteristics of color, ash and protein content. So, three binary mixtures were studied (Kronos-Spain, Kronos-Melangè and Kronos-Greek) and the alveographic indexes were evaluated at different relative proportions of their components.

Once again, linear equations were tested at first:

$$W_m = X_1 * W_1 + X_2 * W_2 \tag{9}$$

$$(P/L)_m = X_1 * (P/L)_1 + X_2 * (P/L)_2 \tag{10}$$

$$G_m = X_1 * G_1 + X_2 * G_2 \tag{11}$$

where  $X_1$  is the mass fraction of grain 1,  $X_2$  the mass fraction of grain 2,  $W_1, (P/L)_1, G_1$  the alveographic indexes of grain 1,  $W_2, (P/L)_2, G_2$  the alveographic indexes of grain 2, and  $W_m, (P/L)_m, G_m$  the alveographic indexes of the mixture.

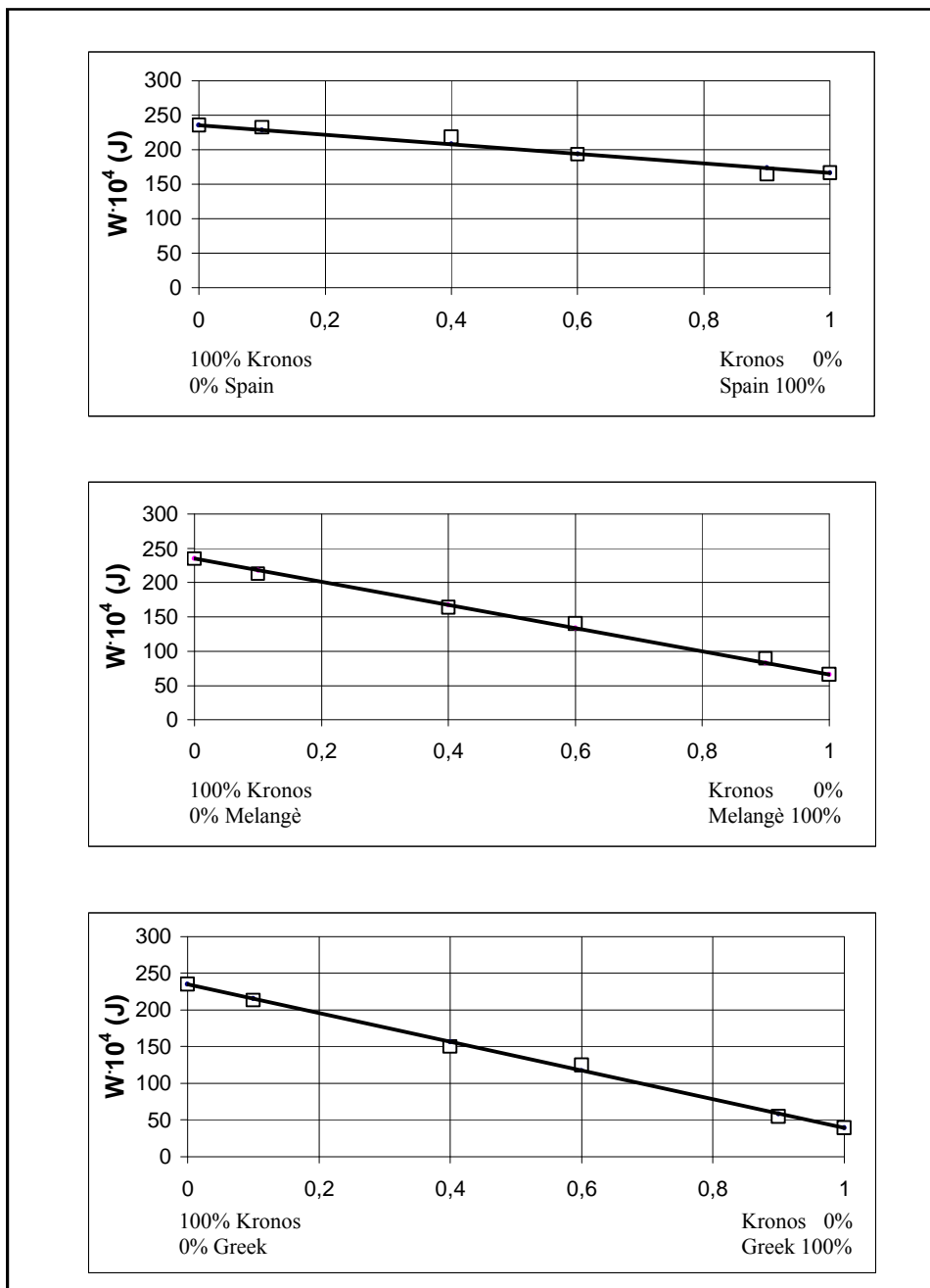


Figure 3. Dependence of the strain energy of three different grain binary mixtures on the relative weight ratios of their components.

**Table 2.** - Strain energy,  $W$ , and related standard deviation,  $\sigma_s$ , of different grain binary mixtures (BM), obtained at variable weight ratios of their components (m/m). Kinds of grain: 1 = Kronos; 2 = Spain; 3 = Melangè; 4 = Greek.

BM (mi/my)	W·10 <sup>4</sup> (J)	s <sub>s</sub> (%)	W·10 <sup>4</sup> (J)	s <sub>s</sub> (%)	W·10 <sup>4</sup> (J)	s <sub>s</sub> (%)
	1/2	1/2	1/3	1/3	1/4	1/4
1.0	235	0.00	235	0.00	235	0.00
0.9	228	1.71	218	2.34	215	1.11
0.6	207	5.11	167	2.03	157	4.21
0.4	194	0.31	134	4.79	117	6.47
0.1	173	5.15	83	7.36	59	6.14
0.0	166	0.00	66	0.00	39	0.00

The standard deviations listed in Table 2 are within the measure uncertainty, therefore the linear equation proposed in this study can be considered suitable to predict the rheological behavior of a mixture and the relative alveographic indexes from the pure grain data (Figure 3).

## CONCLUSIONS

Pasta quality strongly depends on the choice of the drying process and the selection of the raw materials, with particular concern total protein content and gluten network. Optimum quality level can be achieved only by low-medium temperature technologies; in this case, grain rheological characterization becomes fundamental in buying and production planning. The experimental results obtained in this work show that high total protein content combined with high strain energy, due to biaxial gluten network extension, lead to pasta of good quality, whereas low values of these parameters are indicative of poor quality products. On the other hand, discordant levels of these indexes are not absolutely discriminant of pasta quality.

Alveographic index determination showed data reliability and reproducibility within a sufficiently narrow range as to provide reliable information on the end product quality. This can be made studying raw dough in a physical state similar to that of the end product. A linear mathematical model proposed in this study proved to fit the experimental data and to correlate strain energy with cohesiveness index very well.

Finally, the rheological analysis performed on grain mixtures led to set up a predictive linear model suitable to evaluate the rheological behavior of dough, starting from pure grain compositions. The results of this study are expected to help the pasta industry to predict grain quality, in order to plan both purchasing and weekly production.

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